Because we know that grief does not end with the funeral...

Good Grief: A Mo(u)rning Conference in the Morning
For professionals who work with mourners

Wednesday, December 16, 2015
8:00am to 1:00pm

Beyond Words: The Grieving Body in Stillness and Motion

with

Cheryl Bartky, LPCC, BC-DMT
Mark Anthony Haviland, CMT
The Moving On Dance Project
Anatomy of Emotion

Congregation Sherith Israel, 2266 California Street, San Francisco

Grief frequently is wordless. When we take a holistic approach we know grief can settle into our bones, our muscles, our gut. In their work with mourners, Cheryl Bartky and Mark Haviland have developed ways to understand and support the movement of grief through our sinew, our anatomy, our souls.

Join us for a morning exploring ways to give grief body-expression and to develop a new physical vocabulary for grief. Our time together will include elements of self-care, dance, and touch in this eclectic discovery of new ways to support mourning and how these insights can benefit those we work with as they explore their bereavement landscape.

Please wear comfortable clothing for movement.
Cheryl Bartky is a licensed professional clinical counselor, board certified dance-movement therapist, board certified life coach, and an experienced spiritual director and supervisor. She works with Sinai Memorial Chapel’s Mourner Care Program and has an active private practice. A therapist for 30 years, Cheryl specializes in grief, loss, and trauma; life purpose and career development; body awareness and creativity; and the spirituality of daily life. She is the creator of The Moving On Dance Project and the author of Angelina’s Prayer.

Mark Haviland, CMT, has been practicing in the healing arts and bodywork for over twelve years here in the Bay Area. A decade of that service has been in the grieving service community, partnering with Bay Area Jewish Healing Center through the Grief and Growing™ Weekend and the Mo(u)rning Conferences as well as in his successful private practice. Mark and his team at Beyond Bodywork are dedicated to empowering people to honor the full spectrum of human emotions held in the body and to create a balanced fulfilling life.

SITE INFORMATION:
Congregation Sherith Israel, California and Webster Streets, San Francisco.

PAYMENT INFORMATION: *
The $75 fee should be mailed to:
Bay Area Jewish Healing Center, 2530 Taraval Street, Suite 202, S.F., CA 94116
*Please know that no one is turned away for lack of funds. Please contact us to make scholarship arrangements. Please add an additional $15 for CEU credits. CEU credits graciously provided by the Institute on Aging.

Institute on Aging

3.0 CE credits offered  BBS, BRN, MCLE, RCFE

California Board of Behavioral Sciences (BBS): Course meets the qualifications for 3.0 hours of continuing education credit for MFTs, LCSWs, LEPs and LPCCs, as required by the California Board of Behavioral Sciences (Provider #: PCE 2079).
Provider approved by the California Board of Registered Nursing, Provider # CEP13610, for 3 Contact Hours.

State Bar of California (MCLE) : Course meets the qualifications for 3.0 hours of continuing education credit for Attorneys (Provider #13264).

California Dept of Social Services (RCFE) Provider # 2000194-740-2; Course # Pending for 3.0 continuing education hours.

We will serve a light breakfast.

There will be a table for shared professional materials. (Bring yours.)

REGISTRATION INFORMATION:
For more information and to RSVP contact:
Bay Area Jewish Healing Center at (415) 750-3436 or by email at Program@bajhc.org

The Mo(u)rning Conference is co-sponsored by The Northern California Board of Rabbis.
BAJHC and NCBOR are beneficiaries of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.