

A Prayer of Healing for Mental Illness

May the One who blessed our ancestors bless all those who live with mental illness, their care-givers, families and friends; May they walk in the footsteps of Jacob, King Saul, Miriam, Hannah and Naomi who struggled with dark moods, hopelessness, isolation and terrors, but survived and led our people. Just as our father, Jacob, spent the night wrestling with an angel and prevailed, may all those who live with mental illness be granted the endurance to wrestle with their pain and prevail night upon night. Grace them with the faith to know that though, like Jacob, they may be wounded, shaped and renamed by this struggle, still they will live on to continue an ever unfolding, unpredictable path toward healing. May they not be alone on this path but accompanied by their families, friends, care-givers, ancestors and the Divine presence. Surround them with loving-kindness, grace and companionship and spread over them a *sukkat shalom*, a shelter of peace and wholeness. And let us say: Amen

© Rabbi Elliot Kukla, 2008



www.jewishhealingcenter.org

A Prayer of Healing for Mental Illness

May the One who blessed our ancestors bless all those who live with mental illness, their care-givers, families and friends; May they walk in the footsteps of Jacob, King Saul, Miriam, Hannah and Naomi who struggled with dark moods, hopelessness, isolation and terrors, but survived and led our people. Just as our father, Jacob, spent the night wrestling with an angel and prevailed, may all those who live with mental illness be granted the endurance to wrestle with their pain and prevail night upon night. Grace them with the faith to know that though, like Jacob, they may be wounded, shaped and renamed by this struggle, still they will live on to continue an ever unfolding, unpredictable path toward healing. May they not be alone on this path but accompanied by their families, friends, care-givers, ancestors and the Divine presence. Surround them with loving-kindness, grace and companionship and spread over them a *sukkat shalom*, a shelter of peace and wholeness. And let us say: Amen

© Rabbi Elliot Kukla, 2008



www.jewishhealingcenter.org

A Prayer of Healing for Mental Illness

May the One who blessed our ancestors bless all those who live with mental illness, their care-givers, families and friends; May they walk in the footsteps of Jacob, King Saul, Miriam, Hannah and Naomi who struggled with dark moods, hopelessness, isolation and terrors, but survived and led our people. Just as our father, Jacob, spent the night wrestling with an angel and prevailed, may all those who live with mental illness be granted the endurance to wrestle with their pain and prevail night upon night. Grace them with the faith to know that though, like Jacob, they may be wounded, shaped and renamed by this struggle, still they will live on to continue an ever unfolding, unpredictable path toward healing. May they not be alone on this path but accompanied by their families, friends, care-givers, ancestors and the Divine presence. Surround them with loving-kindness, grace and companionship and spread over them a *sukkat shalom*, a shelter of peace and wholeness. And let us say: Amen

© Rabbi Elliot Kukla, 2008



www.jewishhealingcenter.org



The Bay Area Jewish Healing Center is dedicated to providing Jewish spiritual care to those living with illness, to those caring for the ill, and to the bereaved through direct service, education and training, and information and referral

We wish to thank The Jewish Community Endowment Newhouse Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties for their gracious support in recognizing the spiritual care needs of those who live with mental illness.

3330 Geary Blvd., 3rd Floor West
San Francisco, CA 94118

415-750-4197
www.jewishhealingcenter.org



The Bay Area Jewish Healing Center is dedicated to providing Jewish spiritual care to those living with illness, to those caring for the ill, and to the bereaved through direct service, education and training, and information and referral

We wish to thank The Jewish Community Endowment Newhouse Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties for their gracious support in recognizing the spiritual care needs of those who live with mental illness.

3330 Geary Blvd., 3rd Floor West
San Francisco, CA 94118

415-750-4197
www.jewishhealingcenter.org



The Bay Area Jewish Healing Center is dedicated to providing Jewish spiritual care to those living with illness, to those caring for the ill, and to the bereaved through direct service, education and training, and information and referral

We wish to thank The Jewish Community Endowment Newhouse Fund of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties for their gracious support in recognizing the spiritual care needs of those who live with mental illness.

3330 Geary Blvd., 3rd Floor West
San Francisco, CA 94118

415-750-4197
www.jewishhealingcenter.org